

Live Healthy Georgia - Seniors Taking Charge: A Community Intervention

Below is a list of the community intervention lesson plans, permission to use lesson plans, and a final report summarizing an evaluation of the Community Intervention, “Live Healthy Georgia – Seniors Taking Charge.”

If you would like to use any of these materials, then please contact Ms. Sudha Reddy, Georgia Division of Aging Services (404-657-5316, sureddy@dhr.state.ga.us) or Mary Ann Johnson, Department of Foods and Nutrition, The University of Georgia (706-542-2292, mjohnson@fcs.uga.edu). We would be very pleased to work with you.

Community Intervention Lesson Plans

Joan G. Fischer, PhD, RD, LD, Mary Ann Johnson, PhD, and Tiffany Sellers, MS, [Serving Up Fruits, Vegetables and Physical Activity Everyday!](#) Department of Foods and Nutrition, The University of Georgia, Athens, GA, 93 pages, 2005, Developed under contract from the Georgia Division of Aging Services, Department of Human Resources (Contract #427-93-06060717-99). <http://www.livewellagewell.info/study/materials.htm>.

Mary Ann Johnson, PhD, Joan G. Fischer, PhD, RD, LD, and Tiffany Sellers, MS, [Seniors Taking Charge of Diabetes!](#) Department of Foods and Nutrition, The University of Georgia, Athens, GA, 89 pages, 2005, Developed under contract from the Georgia Division of Aging Services, Department of Human Resources (Contract #427-93-06060717-99). <http://www.livewellagewell.info/study/materials.htm>.

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Final Report

Mary Ann Johnson, Sudha Reddy, Joan G. Fischer, Tiffany Sellers, Heather Stephens, Elizabeth M. Speer, Suzanne M. Elbon, and Sohyun Park. [Live Healthy Georgia - Seniors Taking Charge: A Community Intervention Report.](#) The University of Georgia and the Georgia Division of Aging Services, 2006, <http://www.livewellagewell.info/study/materials.htm>.