



EMERGENCY READINESS CHECKLIST

STEP 2: HAVE ESSENTIAL EMERGENCY SUPPLIES READY

“Stay at Home” Emergency Kit – pull these items together for quick, easy access in your home; have quantities to last at least 3 to 6 days. Rotate any items with expiration or “use by” dates:

- _____ Drinking water (at least one gallon per person per day)
- _____ Food (non-perishable; ready to eat)
- _____ Cell phone
- _____ Flashlight
- _____ Light sticks (found in sporting goods or camping supply departments)
- _____ Portable radio
- _____ Extra batteries
- _____ First aid kit
- _____ Waterproof matches
- _____ Hand-operated can opener
- _____ Scissors or knife
- _____ Supply of prescription medicines
- _____ Current medications list
- _____ Emergency contacts list
- _____ Cash or traveler’s checks

**Note any other items you want to include in your Emergency Kit*